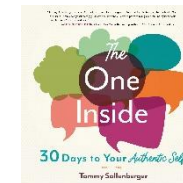


Exploring the integration of the Enneagram and Internal Family Systems

Type	Identification	Focus
Type 1	<i>I am a good, ethical person</i>	Protector focus on right and wrong, correcting errors
Type 2	<i>I am a helpful, giving person</i>	Protector focus on serving others needs
Type 3	<i>I am a successful person</i>	Protector crafts a positive image of success
Type 4	<i>I am a unique, special person</i>	Protector helps to stand out in the crowd
Type 5	<i>I am a studious person</i>	Protector drives a quest for increasing knowledge
Type 6	<i>I am logical and loyal</i>	Protector analyzes to prepare for possible eventualities
Type 7	<i>I am visionary and positive</i>	Protector finds new and exciting options
Type 8	<i>I am strong and protective</i>	Protector shows strength
Type 9	<i>I am a peacemaker and calm</i>	Protector works to mediate disputes

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Exploring the integration of the Enneagram and Internal Family Systems

For the enneagram literate and those interested in personal development, adding IFS philosophy will significantly enhance growth. IFS has clear potocol to help understand how the Type is operating internally.

Type 1 <i>Focus is on correctness Parts limit the view to details in an attempt at perfecting</i>	Type 2 <i>Focus is on meeting needs of others Parts limit the view to those who need help</i>	Type 3 <i>Focus is on tasks and goals Parts keep attention on accomplishments and completion of tasks</i>
Type 4 <i>Focus is on what is missing Parts keep attention on an idealization, not the current reality</i>	Type 5 <i>Focus is on gathering knowledge Parts keep away interferences and distractions</i>	Type 6 <i>Focus is on anticipating dangers Parts keep attention on preparing for the worst case</i>
Type 7 <i>Focus is on positive options Parts help scan for new and exciting possibilities</i>	Type 8 <i>Focus is on power and control Parts suss out possible rivals for control and injustices</i>	Type 9 <i>Focus is on attaching to the agenda of others Parts look for projects or priorities of others and seek to join in.</i>

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